

# Facials

We proudly use Dermalogica treatment products.

Our skin peeling facial treatments dynamically exfoliate by using micro-dermabrasion with no down time for the client. You are left with a deeply hydrated and smoothly textured complexion.

## WESTGATE EXPRESS

For the person on the run, this treatment efficiently cleanses, tones and hydrates.

30 minutes: \$70/ in room \$90

## THE CLASSIC

This facial session includes a deep cleansing, gentle exfoliation, a fruit enzyme peeling treatment, skin specific mask and pore clearing extraction.

60 minutes: \$130/ in room \$150

## THE BACK CLASSIC

This is our "Classic" facial treatment performed on the back.

60 minutes: \$130/in room \$150

## ILLUMINATI

Our most pampering facial session includes a deep cleansing, gentle exfoliation, a skin type appropriate peeling treatment, extensive extraction, a customized mask and a hand and foot reflexology session.

75 minutes: \$145/ in room \$165

## TIMELESS

A customized facial focusing specifically on male skin conditions. This session includes a deep cleansing, and intensive exfoliation using a skin type appropriate peeling treatment, extensive extraction, a mask and an acupressure massage to the head, neck and face.

75 minutes: \$145/ in room \$165

# Spa Packages

## GLOW AGAIN

Our Cellu-lightener thigh treatment, lavender back polish and Swedish style neck and shoulder massage with customized aromatherapy.

75 minutes: \$135/ in room \$155

## CLARITY

Our 60-minute Swedish massage and 30 minute express facial including customized aromatherapy.

90 minutes: \$170/ in room \$190  
With vitamin eye treatment: \$180

## RELAX AND RENEW

A golden road to your fresh new start. This package includes our Classic facial and our 60-minute Swedish massage with customized aromatherapy.

\$230/ in room \$250

## NEW BEGINNINGS

An ideal prelude to your wedding festivities. This package includes our Illuminati facial, Hydroactive Mineral Salt glow, and 60 minute Swedish massage session.

\$390 (in room only)

## LE SPA SIGNATURE

Our most lavish package includes our Mung Wrap, Timeless or Illuminati facial and a 60-minute Swedish massage with customized aromatherapy.

\$445

## ALSO AVAILABLE

Corporate Chair Massage  
Spa Parties for any occasion  
Wedding Party Packages

FOR MORE INFORMATION PLEASE CALL  
LE SPA AT THE WESTGATE HOTEL:

619.557.3663

or log onto:  
westgatehotel.com

On Sundays for immediate assistance please dial:  
619.750.9381

## SPA SERVICES AVAILABLE

MON-SUN 8AM-8PM

After hours fee: \$30

(After 8pm or before 8 am)

WE ACCEPT  
MC • VISA • ATM

## CANCELLATION POLICY

Cancellations must be received a minimum of 3 hours prior to scheduled appointments. Any late cancellations will incur a 50% cancellation fee (of all scheduled services). A full fee will be imposed for a "no-show". A credit card number is needed to hold your reservation.



# Le Spa Services at the Westgate Hotel



*The Westgate Hotel*

*San Diego's Leading Hotel of the World*

# Massage

## SWEDISH MASSAGE

Using long, flowing strokes, your therapist will soften muscle tissue, smooth out tension and assist in balancing mind, body and soul.

60 minutes: \$110/ in room \$130  
90 minutes: \$150/ in room \$170

## COMBO MASSAGE OR COMBINATION

A blend of Swedish and deep tissue technique. You and your therapist will customize a session perfect for your specific needs.

60 minutes: \$125/ in room \$145  
90 minutes: \$175/ in room \$195

## DEEP TISSUE

This massage penetrates the deeper layers of tissue, loosening adhesions, removing embedded toxic matter and opening the joints to facilitate a wider range of motion.

60 minutes: \$135/ in room \$155  
90 minutes: \$165/ in room \$185

## COUPLES MASSAGE

Lie head to head as two therapists work in tandem to perform our blissful Swedish massage in the privacy of your own room. A wonderful way to relax, renew and connect with someone you love.

60 minutes: \$245 (in room only)  
90 minutes: \$350/ in room \$390

## HAND & FOOT BLISSOUT

A session focused strictly on the hands and feet. This session begins with a dry brush to remove dead skin cells and continues with a combination of Swedish and pressure point massage using nourishing treatment oil. An incredibly therapeutic and soothing treatment.

60 minutes: \$110/ in room \$130  
90 minutes: \$150/ in room \$170

## MATERNITY MASSAGE

A gentle, yet thorough massage for moms to be. The perfect remedy for fatigue, aching joints, and swollen legs and feet.

60 minutes: \$110/ in room \$130  
90 minutes: \$150/ in room \$170

## CELLU-LIGHTENER

A stimulating treatment to the thighs that utilizes dry brushing, kneading and deep massage strokes to break up fatty accumulations in the thighs and buttocks.

60 minutes: \$125/ in room \$145

## REIKI

A Japanese energy technique that utilizes specific hand positions on the body to reduce stress, promote healing and enhance one's vital energy. This treatment may be performed with the client fully clothed.

60 minutes: \$110/ in room \$130  
90 minutes: \$150/ in room \$170

## MASSAGE OPTIONS:

- Aromatherapy \$10
- Eucalyptus steamed towel treatment \$10
  
- Peppermint hand & foot polish  
or Lavender back polish \$20

Add an additional 15 minutes and \$25 per treatment

# Body Treatments

*A hot shower or bath is recommended prior to all body treatments. All body treatments start with brisk dry brushing and include customized aromatherapy.*

## HYDROACTIVE MINERAL SALT GLOW

Remove dead skin and encourage new cell growth with this aroma-therapeutic blend of sea salt, essential oils and fresh almond oil. Your skin will feel brand new!

50 minutes: \$130 (in-room only)

## MUNG WRAP

This Ayurvedic treatment cleanses, detoxifies, and rejuvenates the skin with a mixture of finely ground mung bean and sesame oil with an essential oil infusion. Excellent for congested, dry and mature skin types.

75 minutes: \$180 (in room only)

## SEA MUD WRAP

This warm seaweed based mud mask enhances circulation, detoxifies the muscles and joints and nourishes the skin with its high mineral content.

90 minutes: \$190 (in room only)

## HERBAL DETOX WRAP

Linen wraps are steeped in a blend of herbs used specifically for lymph drainage. The client is wrapped in these linens "mummy style" to allow the herbs to penetrate the body. If you are feeling sluggish, bloated, tender or heavy, this treatment is an ideal remedy. This spa service requires a minimum of 3 hours notice prior to session.

90 minutes: \$240/ in room \$260

# Fitness, Meditation & Nutritional Services

*Make your stay at the Westgate a time of healthful rejuvenation and education by scheduling fitness and yoga services with us while you're here.*

## PRIVATE FITNESS TRAINING

A private training session customized for your body's specific needs.

60 minutes: \$110/ in room \$130  
60 minute couples session \$130/ in room \$150

## PRIVATE YOGA SESSION

A private yoga session customized for you. This session will balance, center and raise the energy level and the consciousness of the student. Le Spa has teachers certified in Hatha, Kundalini and Rahini yoga (often known as "the healing yoga").

60 minutes: \$110 (in room only)  
60 minute class with 3 or more students: \$35 per student  
60 minute couples session: \$130 (in room only)  
60 minute guided meditation session: \$110 (in room only)